



Chain of Truth Ministries

Presents....

Medical Ministry Reference Handbook

“Be ye therefore perfect, even as your Father which is in heaven is perfect.”

Matthew 5:45

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Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

Matthew 10:8

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God's tried and tested people will find power in this sign

Exodus 31:12-18

And the LORD spake unto Moses, saying,

Speak thou also unto the children of Israel, saying, Verily my sabbaths ye shall keep: for it is a sign between me and you throughout your generations; that ye may know that I am the LORD that doth sanctify you. Ye shall keep the sabbath therefore; for it is holy unto you: every one that defileth it shall surely be put to death: for whosoever doeth any work therein, that soul shall be cut off from among his people. Six days may work be done; but in the seventh is the sabbath of rest, holy to the LORD: whosoever doeth any work in the sabbath day, he shall surely be put to death. Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant. It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.

And he gave unto Moses, when he had made an end of communing with him upon mount Sinai, two tables of testimony, tables of stone, written with the finger of God.



Let these lessons be impressed upon the mind...

John 14

Let not your heart be troubled: ye believe in God, believe also in me. In my Father's house are many mansions: if *it were* not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, *there* ye may be also. And whither I go ye know, and the way ye know.

Thomas saith unto him, Lord, we know not whither thou goest; and how can we know the way?

Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me. If ye had known me, ye should have known my Father also: and from henceforth ye know him, and have seen him.

Philip saith unto him, Lord, shew us the Father, and it sufficeth us.

Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou *then*, Shew us the Father? Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. Believe me that I *am* in the Father, and the Father in me: or else believe me for the very works' sake. Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater *works* than these shall he do; because I go unto my Father. And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If ye shall ask any thing in my name, I will do *it*. If ye love me, keep my commandments. And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; *Even* the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

I will not leave you comfortless: I will come to you. Yet a little while, and the world seeth me no more; but ye see me: because I live, ye shall live also. At that day ye shall know that I *am* in my Father, and ye in me, and I in you. He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him.

Judas saith unto him, not Iscariot, Lord, how is it that thou wilt manifest thyself unto us, and not unto the world?

Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him. He that loveth me not keepeth not my sayings: and the word which ye hear is not mine, but the Father's which sent me. These things have I spoken unto you, being *yet* present with you. But the Comforter, *which is* the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid. Ye have heard how I said unto you, I go away, and come *again* unto you. If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I. And now I have told you before it come to pass, that, when it is come to pass, ye might believe. Hereafter I will not talk much with you: for the prince of this world cometh, and hath nothing in me. But that the world may know that I love the Father; and as the Father gave me commandment, even so I do. Arise, let us go hence.

The banner of truth, goodness, and usefulness must ever be raised.



{Ms162-1897.2}

“The twelfth chapter of Romans was presented to me as written in golden characters, containing wonderful truths which are not practiced. In this chapter the voice of God is speaking to us in clearer stronger words that I could express. The fourteenth chapter also is the voice of God to those who are engaged in the work of health reform. Study these chapters, brethren and sisters, and make them your guide in future labors.”
{Lt82-1899.9}~ Ellen White

Romans 12

I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith. For as we have many members in one body, and all members have not the same office: So we, being many, are one body in Christ, and every one members one of another. Having then gifts differing according to the grace that is given to us, whether prophecy, let us prophesy according to the proportion of faith; Or ministry, let us wait on our ministering: or he that teacheth, on teaching; Or he that exhorteth, on exhortation: he that giveth, let him do it with simplicity; he that ruleth, with diligence; he that sheweth mercy, with cheerfulness. Let love be without dissimulation. Abhor that which is evil; cleave to that which is good. Be kindly affectioned one to another with brotherly love; in honour preferring one another; Not slothful in business; fervent in spirit; serving the Lord; Rejoicing in hope; patient in tribulation; continuing instant in prayer; Distributing to the necessity of saints; given to hospitality. Bless them which persecute you: bless, and curse not. Rejoice with them that do rejoice, and weep with them that weep. Be of the same mind one toward another. Mind not high things, but condescend to men of low estate. Be not wise in your own conceits. Recompense to no man evil for evil. Provide things honest in the sight of all men. If it be possible, as much as lieth in you, live peaceably with all men. Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will

repay, saith the Lord. Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head. Be not overcome of evil, but overcome evil with good.

Romans 14

Him that is weak in the faith receive ye, but not to doubtful disputations. For one believeth that he may eat all things: another, who is weak, eateth herbs. Let not him that eateth despise him that eateth not; and let not him which eateth not judge him that eateth: for God hath received him. Who art thou that judgest another man's servant? to his own master he standeth or falleth. Yea, he shall be holden up: for God is able to make him stand. One man esteemeth one day above another: another esteemeth every day alike. Let every man be fully persuaded in his own mind. He that regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it. He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks. For none of us liveth to himself, and no man dieth to himself. For whether we live, we live unto the Lord; and whether we die, we die unto the Lord: whether we live therefore, or die, we are the Lord's. For to this end Christ both died, and rose, and revived, that he might be Lord both of the dead and living. But why dost thou judge thy brother? or why dost thou set at nought thy brother? for we shall all stand before the judgment seat of Christ. For it is written, As I live, saith the Lord, every knee shall bow to me, and every tongue shall confess to God. So then every one of us shall give account of himself to God. Let us not therefore judge one another any more: but judge this rather, that no man put a stumblingblock or an occasion to fall in his brother's way. I know, and am persuaded by the Lord Jesus, that there is nothing unclean of itself: but to him that esteemeth any thing to be unclean, to him it is unclean. But if thy brother be grieved with thy meat, now walkest thou not charitably. Destroy not him with thy meat, for whom Christ died. Let not then your good be evil spoken of: For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost. For he that in these things serveth Christ is acceptable to God, and approved of men. Let us therefore follow after the

things which make for peace, and things wherewith one may edify another. For meat destroy not the work of God. All things indeed are pure; but it is evil for that man who eateth with offence. It is good neither to eat flesh, nor to drink wine, nor any thing whereby thy brother stumbleth, or is offended, or is made weak. Hast thou faith? have it to thyself before God. Happy is he that condemneth not himself in that thing which he alloweth. And he that doubteth is damned if he eat, because he eateth not of faith: for whatsoever is not of faith is sin.

God's Health Plan

The divine prescription:

Matthew 11:28 *Come unto me, all ye that labour and are heavy laden, and I will give you rest.*

“Come unto Me, all ye that labor and are heavy-laden, and I will give you rest.” This is a prescription for the healing of all mental and physical and spiritual ills. It is Christ’s gift to those who seek Him in sincerity and in truth. He is the Mighty Healer. Then comes another invitation: “Take My yoke upon you, and learn of Me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For My yoke is easy, and My burden is light.” Matthew 11:28-30. Wearing Christ’s yoke and learning of Him the lesson of meekness and lowliness, we find rest in faith, and confidence and trust. We find that Christ’s yoke is easy and His burden light. {9T 124.2}

The promise is, “Come unto me, ... and I will give you rest.” Have you come to him, renouncing all your make-shifts, all your unbelief, all your self-righteousness? Come just as you are, weak, helpless, and ready to die. What is the “rest” promised?—It is the consciousness that God is true, that he never disappoints the one who comes to him. His pardon is full and free, and his acceptance means rest to the soul, rest in his love. {RH April 25, 1899, par. 11}

There will be peace, constant peace, flowing into the soul, for the rest is found in perfect submission to Jesus Christ. Obedience to God’s will finds the rest. The disciple that treads in the meek and lowly steps of the Redeemer finds rest which the world cannot give, and the world cannot take away. “Thou wilt keep him in perfect peace whose mind is stayed on thee: because he trusteth in thee.” [Isaiah 26:3.] Constant peace flowing into the soul reveals a living wellspring to refresh other souls. {Lt6-1893.20}

For my yoke is easy and my burden is light. Matthew 11:30. Wearing the yoke with Christ, means to work in His lines, to be a copartner with Him in His sufferings and toils for lost humanity. It means to be a wise instructor of souls. We shall be what we are willing to be made by Christ in these precious hours of probation. We shall be the sort of a vessel that we allow ourselves to be molded into. We must unite with God in the molding and fashioning work, having our wills submitted to the divine will (Letter 71, 1895). {5BC 1092.2}

In accepting Christ's yoke of restraint and obedience, you will find that it is of the greatest help to you. Wearing this yoke keeps you near the side of Christ, and He bears the heaviest part of the load. "Learn of me; for I am meek and lowly in heart." [Verse 29.] To learn the lessons Christ teaches is the greatest treasure students can find. Rest comes to them in the consciousness that they are trying to please the Lord. {Lt144-1901.2-3}

Christ's yoke is a yoke of restraint and obedience. We are to wear it in order that we may labor in harmony with Him. This may necessitate a complete change in our plans and purposes. "If any man will come after Me," Christ says, "let him deny himself, and take up his cross, and follow Me." The yoke and the cross are symbols representing the same thing—the giving up of the will to God. Wearing the yoke places man in companionship with the Son of God. Lifting the cross cuts away selfishness from the soul, and places man where he learns how to bear burdens. {ST June 29, 1904, par. 6}

I am the LORD that healeth thee:

Exodus 15:26 *And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the LORD that healeth thee.*

Psalm 103:3 *Who forgiveth all thine iniquities; who healeth all thy diseases;*

Jesus is the Great Physician and He is God. He alone is the One who can ultimately heal the sinner of all mental, physical and spiritual sickness. God has a health plan. The question is... will dying sinners practice what is taught in God's divine wellness program?

Scripture	Key Phrase	POINT
Leviticus 17:11	The LIFE is in the BLOOD	We need healthy blood to have good health. Should we eat blood to get good health?-Gen 9:4, Lev 19:26=NO
Proverbs 14:30	A SOUND HEART is the LIFE of the FLESH	A sound heart (both the heart and mind) is needed to have a healthy body
Proverbs 26:2	Curse causeless, not come	Cause for every ailment
Matthew 9:2-7 Psalm 103:3	Sins forgiven thee Forgiveth iniquities heal diseases	Root cause of all disease is sin Forgiveness of sins brings healing
Acts 14:8-10	Faith to be healed	Need faith to be healed
Proverbs 17:22 (Proverbs 3:13, 14:21, 16:20, 28:14, 29:18) Brackets=how to obtain happiness	Merry heart medicine (happy, wisdom, happy, mercy, happy, trust, happy feareth *awe*-Psa 33:8, he that keepeth the law happy is he)	Positive attitude + joy is good Prov 14:30 -healthy strong mind is important for wellbeing of entire body 15:30 -close relation between thoughts of the mind, moods indulged in and physical condition of the body 16:24 -querulous antagonistic speech brings ill health both to speaker and hearer, soothing words bring health
Ezekiel 47:12	Leaf medicine	Healing properties derived-nature Spices vs. herbs
Romans 1:27,28	Burned (deeply inflame), lust	Spices-inflammatory-inflame the lining of the gut, relationship between the stomach and the mind, Homosexuality=harmful
Proverbs 20:30	The blueness of a wound cleanseth away evil	Inflammation is a protective reaction involving immune cells, blood vessels, and molecular mediators, intended to eliminate the initial cause of cell injury, clear out necrotic cells and tissues damaged from the original insult and the inflammatory process, and initiate tissue repair. Acute inflammation is the “good” inflammation that fends off foreign invaders and heals injuries. If an inflammatory response flares up and then dies down, there’s nothing to worry about.
2 Kings 20:7	Lump figs, lay it on boil recover	Poultices are useful
2 Kings 5:10,14	Flesh of child, clean	Hydrotherapy & cleanliness important
Matthew 10:42	Drink cup water	Drinking clean cool water is good
Isaiah 55:2	Eat that which is good	Eat what is good; know what is good Don’t consume alcohol, fermented foods, chocolate, milk, meat, processed foods
Isaiah 51:6 Romans 8:22	Earth wax old Creation travail pain	Animals are suffering under the burdens of disease-we eat them-we share their diseases
Exodus 16:3 Psalm 106:15 Numbers 11:33-34	Flesh pots, leanness of soul, flesh, chewed, wrath of the Lord kindled	Hebrews desired clean meat that God did not want them to eat. God let them have what they want→Hebrews suffered
Genesis 1:29	Herb, tree, fruit	Simple plant based diet→wisdom diet

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Daniel 1:11-15	Pulse & water	
1 Kings 19:4,5 Job 30:4	Juniper, slept under, roots meat	Some Juniper plants are edible and have great medicinal properties
2 Kings 4:39-41	No harm in the pot	Certain foods have curative properties, food combinations are important
Proverbs 23:1-3	Consider what is before thee if given to appetite	If you greatly struggle with appetite, remember to be particularly careful of what you eat and how much you eat in a social gathering.
Job 20:14	Meat bowels turned gall	Fermentation in the gut is not healthy
Luke 21:34 Ecclesiastes 10:17 Matthew 6:11 Proverbs 25:16 Exodus 16:8, 1 Kings 17:6 Exodus 16:16 Luke 18:12	Surfeiting-not good Timing Daily Not to cause vomiting 2x day Sufficient- omer Fasting 2x week	Use that which is good moderately and avoid all that is harmful. We should have at least 5 hours between our meals and eat daily. Two times per day is best. Omer - 1.560 kg. to 1.770 kg in dry weight Fasting is okay.
Psalms 35:13 Mark 9:28,29	Fasting, prayer returned own bosom	Fasting and prayer by God's power can heal us and cast out demons
Matthew 17:20-21	This kind goeth out by prayer and fasting	To help us gain the victory over sin, demonic possession and health issues, fasting and praying are essential
James 5:14-16	Afflicted, pray, call for the elders, anoint with oil, name of the Lord	Sins that involve others are to be confessed to those who have suffered injury. Confession is a prerequisite to the offering of prayer for healing. God alone can forgive sins. Healing will come. Olive oil has healing properties.
Mark 16:18	Lay hands on sick, shall recover	Christian healers should lay hands upon the sick and the sick will recover.
Psalms 32:3,5 Psalm 31:9,10 Psalm 6:2,3	Kept silence, bones waxed old, acknowledged sin, iniquity not hid, grief, eye, soul, belly	When we hold on to sin, refuse to acknowledge, confess and forsake it, experience severe mental conflicts which result in physical suffering
Daniel 9:2-3	Understood by books, Jeremiah the prophet, prayer and supplications, fasting	When we fast, we should also study the Bible. To understand the Bible better, prayer and fasting will help.
Proverbs 31:17 6:6	Woman-arms Ant-sluggard-ways	Exercise is important, ants do useful labour outside
Matthew 5:1, 8:1 Ecclesiastes 11:7	Up mountain, down mountain	Get fresh air, exercise outside doing missionary work in communion w/God
Ecclesiastes 12:12	Much study is a weariness of the flesh	Doing too much studying and sedentary work is unhealthy
Leviticus 23:3	Sabbath-rest	Keep Sabbath holy, don't do work- REST
Ecclesiastes 10:18	by much slothfulness the building decayeth	Laziness-too much rest – unhealthy
Ecclesiastes 3:1-11; 10:17	To every thing there is a season, and a time to every purpose	Regularity is important. We are creatures of habit – develop good habits, pick good – be regular in eating and sleeping etc.
Psalms 127:2 John 11:12	Rise up early sit up late Sleep do well	Go to bed early and rise early Good sleep necessary for recovery

Numbers 31:23	Fire/heat used to cleanse Use water with materials that can't survive fire/heat	Fire and heat can be used to disinfect durable objects. Hot water can disinfect things that can't endure high temperature or direct fire application
Ezekiel 24:2-13 Exodus 30:18-19	Boil well, pot whose scum is therein, not gone out of it, brass hot, scum consumed, brass laver	Boiling water is good for disinfection and purifying. Brass is a copper and zinc alloy used for hygiene and corrosion resistance. The Increase of copper content allows the metal to form a protective layer oxide with bacteriostatic properties.
Leviticus 8:31	Hebrews ate boiled meat	God permitted the Hebrews to eat meat only when it was boiled. Boiling kills bacteria, fungi and parasites.
Exodus 17:1-7	smite the rock, and there shall come water out of it	Limestone neutralizes acidic water, adjusts pH, acts as a coagulant and used for alkalinity. Limestone can be an option for sulfate sorption, particularly from neutral mine drainages because calcium ions on the solid surface can bind sulfate ions. A two-column limestone reactor has been designed to reduce fluoride concentrations from wastewaters to below the maximum contaminant level.
Exodus 15:22-26	Red Sea, wilderness of Shur, waters of Marah, bitter, Lord shewed him a tree, cast into water, made sweet (likely gray or white mangrove trees in area)	Grey mangrove trees, <i>Avicennia marina</i> , filter heavy metals out of the surrounding soil and water. A new study from Indonesia has found that their leaf litter accumulates the most copper, followed by leaves and then roots. <i>Avicennia marina</i> is one of the natural materials that contain antibacterial bioactive compound.
Revelation 1:5,6	Priests unto God	We have been made spiritual priests unto God. We like the priests of old should follow Biblical health principles
Exodus 30:19	Wash hands and feet	Priests had to wash their hand and feet and we should do the same thing. Dirty hands can contaminate our food. Dirty feet can bring in filth from outside into our homes.
Numbers 19:19	Wash clothes and bodies	Need to wash our clothes and bodies regularly. Frequent bathing is very beneficial, especially at night, just before retiring, or upon rising in the morning. (CTBH 141.4)
Daniel 1:8 2 Corinthians 7:1 2 Corinthians 6:15-18	Defile with king's meat Filthiness of the flesh Come out, be ye separate	We can be defiled by what we eat, outward general filth and defiled by improper social relationships
1 Thessalonians 5:23 2 Corinthians 7:1 Exodus 19:14	Spirit, soul, body preserve Cleanse filthiness flesh Sanctified, wash clothes	Our bodies should be sanctified as well as our souls. We need to be clean in order to be holy.
Deuteronomy 21:6	Next unto slain man, heifer beheaded, wash hands	If we have touched or been around a dead animal or dead person we should thoroughly wash ourselves

Leviticus 15:16-18, 19-23	Seed of copulation, wash all his flesh in water, every garment and every skin, shall be washed, time of her separation, unclean	After men ejaculate, they should wash. When semen is on material, the material should be washed. After sex, men and women should bathe. During the normal menstrual cycle, women should not have sex with their husbands. If any body fluids contaminate things, they should be washed.
1 Corinthians 6:18	Sinneth against own body	No sex outside marriage, no self-abuse
Leviticus 18:22-24 Leviticus 20:10-21	Read references	No bestiality, no sex with relatives, no homosexuality Definition of sodomy: <u>anal or oral</u> copulation with a member of the same or opposite sex also : copulation with an animal →Merriam Webster's Dictionary
Numbers 25:3-9	Baal-Peor-Lord of the hole, god of the opening etc.	The worship of this god included fornication and grotesque sexual perversions. When the Israelites engaged in the worship of Baalpeor, a plague (disease) killed 24,000 people.
Exodus 1:17-21	the Hebrew women are not as the Egyptian women; for they are lively, and are delivered ere the midwives come in unto them	Hebrew women were healthy and largely didn't experience prolonged labor. If a baby is not born after approximately 20 hours of regular contractions, the mother is likely to be in prolonged labor. This may result in low or inadequate oxygen, resulting in hypoxia, asphyxia, acidosis, and hypoxic-ischemic encephalopathy (HIE), fetal distress, infection or intracranial hemorrhaging.
Leviticus 12:1-2,5	Conceived a man child – unclean seven days OR a maid child – unclean two weeks	After giving birth, a woman should have time to rest and should not engage in intercourse for at least 1-2 weeks. Many health care providers recommend waiting to have sex until four to six weeks after delivery. The risk of having a complication after delivery is highest during the first two weeks after delivery.
Song of Solomon 4:2	Teeth, white sheep, washing	Teeth compared to washed bright white sheep→sheep need to be brushed and washed. We should gently brush our teeth and wash them
Zechariah 9:7	Abominations, between teeth	We should remove plaque and debris from between our teeth
Deuteronomy 23:13	Paddle, dig, cover	Our poop and urine should be buried far away from sources of drinking water and deep enough to allow for adequate bacterial digestion and breakdown.
Matthew 5:22	Hell-Gehenna	The common receptacle for all the refuse of Jerusalem. Dead bodies of animals and of criminals, and all kinds of filth, were cast and consumed by fire kept always burning. →burn and bury garbage

2 Kings 9:30-34	Jezebel-painted face-cursed woman	Jezebel-good or bad?-bad, painted face-makeup-cursed woman Makeup contains many chemicals that harm our health
Leviticus 19:28	Cuttings-print marks	Tattoos are not good for our health nor should we pierce our bodies' skin
Exodus 33:5,6 Judges 8:24,25	Ornaments-take off-know what to do with thee	God requested that His people take off their ornaments/jewelry so that He would know whether or not He should destroy them-Ishmaelites were identified as heathens by the wearing of jewelry -metal jewelry leaches cadmium and other toxic metals onto our skin (sweat acidic)-skin absorbs
Isaiah 32:18	Peaceable habitation, sure dwellings, quiet resting places	The area around your home should be peaceful and quiet (not situated on busy streets, highways, in cities etc.)
Leviticus 14:34-53	Read reference	Must be quick to resolve mold, mildew, fungi and bacteria buildup in a home. It is a serious issue. Affected areas should be cleaned or removed from the building while wearing a respirator and personal protective equipment. Good practice is to keep your home clean. Filth and debris should be removed from inside the home and disposed of properly far away from the homelf the damage is extensive, the whole house ought to be condemned, and torn down. Your clothes and belongings may be covered in spores. As a precaution, your clothes and belongings should be thoroughly washed or disposed of in a sanitary way. A problematic house should be isolated and should not be inhabited until problems are resolved Your home should be built so that water drains away from the foundation and bathrooms should be properly sealed and ventilated. Rooms should be well ventilated
Deuteronomy 22:8	Make a battlement	Homes should be designed for safety.
1 Samuel 7:1	the house of Abinadab in the hill	Our homes should be built on high ground (good air quality, less chance of water damage, less dampness etc.)
Deuteronomy 6:4-9 Deuteronomy 7:25-26	these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them	A healthy home is a home where God's Word is taught, where the Bible and Jesus are exalted and taught often. Idols should not be found in a home. No graven images. Nothing that would prove to be a snare to your soul and your visitors' souls should be found in a Christian home. If an idol, graven image

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	Neither shalt thou bring an abomination into thine house	etc. is found, it should be removed and destroyed promptly.
Exodus 15:26	Lord that healeth thee	Trust God-He heals (Deut 7:15, Psa 105:37)
Psalm 37:5, 115:9	Trust-bring to pass, help	Without God, you can do nothing-help
Proverbs 3:5-6	Trust, direct paths	Trust Him-God will guide you to health

Selected Study References

Christ stands before us as the pattern Man, the great Medical Missionary— an example for all who should come after. His love, pure and holy, blessed all who came within the sphere of its influence. His character was absolutely perfect, free from the slightest stain of sin. He came as an expression of the perfect love of God, not to crush, not to judge and condemn, but to heal every weak, defective character, to save men and women from Satan's power. {MM 20.1}

He is the Creator, Redeemer, and Sustainer of the human race. He gives to all the invitation, “Come unto Me, all ye that labor and are heavy-laden, and I will give you rest. Take My yoke upon you, and learn of Me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For My yoke is easy, and My burden is light.” {MM 20.2}

What, then, is the example that we are to set to the world? **We are to do the same work that the great Medical Missionary undertook in our behalf. We are to follow the path of self-sacrifice trodden by Christ.** {MM 20.3}

As I see so many claiming to be medical missionaries, the representation of what Christ was on this earth flashes before me. As I think of how far short the workers today fall when compared with the divine Example, my heart is bowed down with a sorrow that words cannot express. Will men and women ever do a work that bears the features and character of the great Medical Missionary? ... {MM 20.4}

Is there not woe enough in this sin-stricken, sin-cursed earth to lead us to consecrate ourselves to the work of proclaiming the message that “God so loved the world, that He gave His only-begotten Son, that whosoever believeth in Him should not perish, but have everlasting life”? This earth has been trodden by the Son of God. He came to bring men light and life, to set them free from the bondage of sin. **He is coming again in power and great glory, to receive to Himself those who during this life have followed in His footsteps.** {MM 20.5}

He who loves God supremely, with all the heart, with all the soul, mind, might, and strength, will love his neighbor as himself, and will strive for his highest good. He will not lose one opportunity of setting the Lord before the afflicted one. {MM 150.2}

Need piety, of self-control, of purity, of holiness, of watchfulness {MM 33.1}

Physicians who cultivate a sense of the presence of God will impress their patients with the influence of truth... {MM 33.4}

The Lord wants you to be cheerful, and to have cheerful words for the sick. Let the Sun of Righteousness shine forth in your features. Be very decided in your religious service. Make the Lord Jesus your confidant. Make your aim a high one, and let your attainments be higher and higher still in the knowledge of your Lord and Saviour Jesus Christ.—Letter 128, 1905. {MM 34.1}

God will work with every Christian physician. And to Him the physician is to give the honor and glory for the success that attends his work. **The only safety for physicians is in walking and working in humility and faith....** {MM 34.3}

The blessing of God is a healer; and those who are abundant in benefiting others will realize that wondrous blessing in their hearts and lives.—Testimonies for the Church 4:60. {MM 105.1}

Those who, so far as it is possible, engage in the work of doing good to others by giving practical demonstration of their interest in them, are not only relieving the ills of human life in helping them bear their burdens, but are at the same time contributing largely to their own health of soul and body. **Doing good is a work that benefits both giver and receiver.** If you forget self in your interest for others, you gain a victory over your infirmities. The satisfaction you will realize in doing good will aid you greatly in the recovery of the healthy tone of the imagination. {MM 105.3}

The pleasure of doing good animates the mind and vibrates through the whole body. While the faces of benevolent men are lighted up with cheerfulness, and their countenances express the moral elevation of the mind, those of selfish, stingy men are dejected, cast down, and gloomy. Their moral defects are seen in their countenances.... {MM 106.1}

Never let your courage fail. Never talk unbelief because appearances are against you. As you work for the Master you will feel pressure for want of means, but the Lord will hear and answer your petitions for help. **Let your language be: “The Lord God will help me; therefore shall I not be**

confounded: therefore have I set my face like a flint, and I know that I shall not be ashamed.” Isaiah 50:7.—Testimonies for the Church 7:244 (1902).

Those in the service of God must show animation and determination in the work of winning souls. Remember that there are those who will perish unless we as God’s instrumentalities work with a determination that will not fail or become discouraged. **The throne of grace is to be our continual dependence.** {Ms78-1900.37}

Expect Great Things—It is not the capabilities you now possess, or ever will have, that will give you success. It is that which the Lord can do for you. We need to have far less confidence in what man can do, and far more confidence in what God can do for every believing soul. He longs to have you **reach after Him by faith.** He longs to have you **expect great things from Him.** He longs to give you understanding in temporal as well as in spiritual matters. He can sharpen the intellect. He can give tact and skill. **Put your talents into the work, ask God for wisdom, and it will be given you.**—Christ’s Object Lessons, 146 (1900).

The sick are to be healed through the combined efforts of the human and the divine. **Every gift, every power, that Christ promised to His disciples, He bestows upon those who will serve Him faithfully.**—Letter 205, 1899. {MM 12.1}

Sin brings physical and spiritual disease and weakness. Christ has made it possible for us to free ourselves from this curse. The Lord promises, by the medium of truth, to renovate the soul. The Holy Spirit will make all who are willing to be educated able to communicate the truth with power. It will renew every organ of the body, that God’s servants may work acceptably and successfully. Vitality increases under the influence of the Spirit’s action. Let us, then, by this power lift ourselves into a higher, holier atmosphere, that we may do well our appointed work.— The Review and Herald, January 14, 1902. The religion of the Bible is not detrimental to the health of the body or of the mind. The influence of the Spirit of God is the very best medicine that can be received by a sick man or woman. Heaven is all health; and the more deeply the heavenly influences are realized, the more sure will be the recovery of the believing invalid.—Testimonies for the Church 3:172. {MM 12.2-3}

None but a Christian physician can discharge to God's acceptance the duties of his profession. In a work so sacred, no place should be given to selfish plans and interests. Every ambition, every motive, should be subordinate to the interest of that life which measures with the life of God. In all your business, **let the claim of Jesus, the world's Redeemer, be recognized; let His example be copied.** What the physician attempts to do, Christ can accomplish. They strive to prolong life; He is the Life-giver. **Jesus, the Mighty Healer, is Physician in chief.** All physicians are under one Master, and blessed indeed is every physician who has learned from his Lord to watch for souls while with all his professional skill he works to heal the bodies of the suffering sick.—Letter 26a, 1889. {MM 12.4}

It should be our constant study how we may best follow the example of Christ and promote His glory. Connection with God is everything. What physicians aim to do, Christ accomplished in the fullest sense. The physician labors with zeal to prolong life. Christ is the Giver of life. {MM 150.3}

Jesus Christ is the Great Healer, but He desires that by living in conformity with His laws we may cooperate with Him in the recovery and the maintenance of health. **Combined with the work of healing there must be an imparting of knowledge of how to resist temptations.** Those who come to our sanitariums should be aroused to a sense of their own responsibility to work in harmony with the God of truth. {MM 13.2}

We cannot heal. We cannot change the diseased conditions of the body. But it is our part, as medical missionaries, as workers together with God, to use the means that He has provided. Then we should pray that God will bless these agencies. We do believe in a God; we believe in a God who hears and answers prayer. He has said, **“Ask, and ye shall receive; seek, and ye shall find; knock, and it shall be opened unto you.”**—Manuscript 115, 1907. {MM 13.3}

God will not work in a miraculous manner to preserve the health of persons who are taking a sure course to make themselves sick, by their careless inattention to the laws of health. {MM 13.4}

Those who will gratify their appetite, and then suffer because of their intemperance, and take drugs to relieve them, may be assured that God will not interpose to save health and life which are so recklessly periled. **The cause has produced the effect.** Many, as their last resort, follow the

directions in the word of God, and request the prayers of the elders of the church for their restoration to health. God does not see fit to answer prayers offered in behalf of such, for He knows that if they should be restored to health, they would again sacrifice it upon the altar of unhealthy appetite.—
Spiritual Gifts 4a:144, 145. {MM 14.1}

As to praying for the sick, it is too important a matter to be handled carelessly. I believe we should take everything to the Lord, and **make known to God all our weaknesses and specify all our perplexities.** When in sorrow, when uncertain as to what course to pursue, **two or three who are accustomed to pray should unite together** in asking the Lord to let His light shine upon them and to impart His special grace; and He will respect their petitions, He will answer their prayers. If we are under infirmities of body, it is certainly consistent to trust in the Lord, making supplications to our God in our own case, and if we feel inclined to ask others in whom we have confidence to unite with us in prayer to Jesus who is the Mighty Healer, help will surely come if we ask in faith. I think we are altogether too faithless, too cold and lukewarm. {MM 16.2}

I understand the text in James is to be carried out when a person is sick upon his bed, if he calls for the elders of the church, and they carry out the directions in James, anointing the sick with oil in the name of the Lord, praying over him the prayer of faith. We read, “The prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.” It cannot be our duty to call for the elders of the church for every little ailment we have, for this would be putting a task upon the elders. If all should do this, their time would be fully employed, they could do nothing else; but the Lord gives us the privilege of seeking Him individually in earnest prayer, or unburdening our souls to Him, keeping nothing from Him who has invited us, “Come unto Me, all ye that labor and are heavy-laden, and I will give you rest.” Oh, how grateful we should be that Jesus is willing and able to bear all our infirmities and strengthen and heal all our diseases if it will be for our good and for His glory. {MM 16.3-4}

“Pray for God’s Help”

...when they see their physician on his knees, asking God to make the critical operations a success, the prayer inspires them, as well as the physician, with strong hope and confidence. This confidence, even in the most critical cases, is a means of making operations successful. Impressions are made upon minds that God designed should be made.... {MM 34.5}

Although such a prayer may be offered before unbelievers and even infidels, yet it sweeps away the shadow by which Satan has darkened the mind, and when the sufferer is brought through the crisis, truth takes the place of doubt and unbelief. The mist of skepticism that beclouded the mind is dispelled.— Manuscript 26, 1902. {MM 35.1}

Christ stood at the head of humanity in the garb of humanity. So full of sympathy and love was His attitude that the poorest was not afraid to come to Him. He was kind to all, easily approached by the most lowly. He went from house to house, healing the sick, feeding the hungry, comforting the mourners, soothing the afflicted, speaking peace to the distressed. He took the little children in His arms and blessed them, and spoke words of hope and comfort to the weary mothers. With unfailing tenderness and gentleness He met every form of human woe and affliction. **Not for Himself, but for others, did He labor.** He was willing to humble Himself, to deny Himself. He did not seek to distinguish Himself. He was the servant of all. It was **His meat and drink to be a comfort and a consolation to others, to gladden the sad and heavy-laden ones with whom He daily came in contact.** {MM 19.3}

In your work of visiting from house to house, when you are presented with unhealthful food to eat, tell the people you are seeking to turn back the mighty current of physical evil, and that you dare not sacrifice your life through indulgence to please any mortal. Guard the citadel of the body. Improve in a knowledge of how to take care of the house you live in. Nature, if you give her a chance, will seek to counteract the evils placed upon her, and will take up her work and do it wisely and well. The laws of life and health must not be trifled with. Human beings must appreciate their God-given capabilities. They are required to study to obey the laws of God, to bring their bodies under intelligent restraint. This is a work they must in no wise neglect. **They are not to be under any one's jurisdiction, to place themselves in position where their health will be endangered.** They must respect and care for the physical structure. They must have the best advantages for sleeping, and are not to feel that it is an indifferent matter what they eat, and how many studies they take. They should not exercise violently, or for too many hours a time. They should eat regularly. {Lt115-1898.6-7}

I am given a message to give to you. **Eat at regular periods.** By wrong habits of eating you are preparing yourself for future suffering. **It is not always safe to comply with invitations to meals, even though given by your brethren and friends who wish to lavish upon you many kinds of food.** You know that you can eat two or three kinds of food at a meal without injury to your digestive organs. **When you are invited out to a meal, shun the many varieties of food that those who have invited you have set before you. This you must do if you would be a faithful sentinel. When food is placed before us which, if eaten, would cause the digestive organs hours of hard work, we must not, if we eat this food, blame those who set it before us for the result. God expects us to decide for ourselves to eat that food only which will not cause suffering to the digestive organs.** {Lt310-1904.5}

Visiting the sick, comforting the poor and the sorrowful for Christ's sake, will bring to the workers the bright beams of the Sun of Righteousness, and even the countenance will express the peace that dwells in the soul. The faces of men and women who talk with God, to whom the invisible world is a reality, express the peace of God. They carry with them the soft and genial atmosphere of heaven, and diffuse it in deeds of kindness and works of love. Their influence is of a character to win souls to Christ. If all could see and understand, and be doers of the words of God, what peace, what happiness, what health of body and peace of soul, would be the result! A warm, kindly atmosphere of love, the pitying tenderness of Christ in the soul, cannot be estimated. The price of love is above gold and silver and precious stones, and makes human agents like Him who lived not to please Himself.—Letter 43, 1895. {MM 252.1}

Let us present the gospel to the sick, connecting Jesus, the Great Healer, with the simple remedies used; and our living faith will be answered. But those who come to the Great Healer must be willing to do His will, to humble their souls, and confess their sins. **As we lay hold of divine power with a faith that will not be denied, we shall see the salvation of God.** {MM 29.1}

Christ declared that He came to recover men's lives. This work is to be done by Christ's followers, and it is to be done by the most simple means. Families are to be taught how to care for the sick. The hope of the gospel is to be revived in the hearts of men and women. We must seek to draw them to the Great Healer. In the work of healing let the physicians work intelligently, not with drugs, but by following rational methods. Then let them by the prayer of faith draw upon the power of God to stay the progress of disease. This will

inspire in the suffering ones belief in Christ and the power of prayer, and it will give them confidence in our simple methods of treating disease. Such work will be a means of directing minds to the truth, and will be of great efficiency in the work of the gospel ministry.—Letter 126, 1909. {MM 29.2}

Every medical practitioner, whether he acknowledges it or not, is responsible for the souls as well as the bodies of his patients. The Lord expects of us much more than we often do for Him. Every physician should be a devoted, intelligent gospel medical missionary, familiar with Heaven's remedy for the sin-sick soul as well as with the science of healing bodily disease. {MM 31.1}

All the nurses and helpers are to give treatments and perform other kinds of service in such a delicate, reverential way—and withal so solidly, thoroughly, and cheerfully—that the sanitarium will prove a haven of rest. {MM 190.4}

Build for eternity. Christ's lessons are before us. We are to do carefully, neatly, and with exactitude whatever is to be done. We are to study economy in every line of work. Builders, gather up the fragments. Let nothing be lost. In all that there is to be done, in planting and building, **imitate God's perfect ways.** {MM 204.2}

...the mind should be filled with a knowledge of the Scriptures... {MM 31.2}

Physicians need a double portion of religion. Of men in any calling, physicians are most in need of clearness of mind, purity of spirit, and that faith which works by love and purifies the soul, that they may make the right impression upon all who come within the sphere of their influence. The physician should not only give as much physical relief as possible to those who are soon to lie in the grave, but he should also relieve their burdened souls. Present before them the uplifted Saviour. Let them behold the Lamb of God, who taketh away the sin of the world.... {MM 31.3}

You all need a living religion, that you may stand as God's witnesses, proclaiming to the sick that sin is always followed with suffering; and while combating pain and disease, you should plainly lay before them that which you know to be the real cause, and the remedy—"Cease to sin;" and point them to the sin-pardoning Saviour.—Manuscript 4a, 1885. {MM 39.1}

Joseph carried his religion everywhere, and this was the secret of his unwavering fidelity. As representative men, you must have the all-pervading power of true godliness. I tell you, in the fear of God, your path is beset by dangers which you do not see and do not sense. You must hide in Jesus. You are unsafe unless you hold the hand of Christ. You must guard against everything like presumption, and cherish that spirit that would suffer rather than sin. No victory you can gain will be half so precious as that gained over self.—Special Testimonies to Physicians and Helpers, pages 7-27. {MM 37.1}

The Redeemer expects our physicians to make **the saving of souls their first work.** If they will walk and work with God, in His love and fear, they will receive leaves from the tree of life to give to the suffering. His peace will go with them, making them messengers of peace. {MM 37.2}

It is not enough for us to read the Scriptures merely. We are to ask the Lord to fill our wayward hearts with His Spirit, that we may understand the meaning of His words. In order to be benefited by the reading of the words of Christ, we must make a right application of them to our individual cases. {MM 37.3}

The question has been asked many times, **Should the physician feel it his duty to open the truth to his patients? That depends on circumstances. In many cases all that should be done is to point to Christ as a personal Saviour.** There are those who would only be injured should any new doctrine not in accordance with their previous views be brought before them. God must guide in this work. He can prepare minds to receive the word of truth. It is just as much a physician's duty to prepare the souls before him for what is to take place as to minister to their physical needs. Let them know their danger. Be a faithful steward for God. **Do not let anyone be launched into eternity without a word of warning or caution.** You cannot neglect this and be a faithful steward. God requires you to be true to Him wherever you are. **There is a great work to be done. Take hold of it, and do it intelligently. God will help everyone who does this.**—Manuscript 62, 1900. {MM 38.2}

Never, never should the physician feel that he may prevaricate. **It is not always safe and best to lay before the invalid the full extent of his danger. The truth may not all be spoken on all occasions, but never speak a lie.** If it is important for the good of the invalid not to alarm him lest such a course might prove fatal, do not lie to him.... {MM 38.3}

When a physician sees that the ailment which has taken hold of the body is the result of improper eating and drinking, yet neglects to tell the patient that his suffering is caused by a wrong course of action, he is doing the human brotherhood an injury. Present the matter tenderly, but never keep silent as to the cause of the affliction.—Letter 120, 1901. {MM 49.3}

...As he uses the simple remedies which God has provided for the cure of physical suffering, he is to speak of Christ's power to heal the maladies of the soul. {MM 39.2}

Prayer and a study of the word bring life and health to the believing worker.—Manuscript 159, 1899. {MM 41.1}

The following is paraphrased for clarity:

Unite yourself with Jesus Christ, believe in Jesus, work for Jesus and your weakest points of character will become your strongest. Do not keep your mind fixed on the defective example of professing Christians... {MM 41.2-.3}

You are not excusable for living an un-Christlike life... {MM 42.1}

...look away from sinful examples to the perfect Example, to point you to the path of peace and holiness. The Lord's merciful love is still for you. But He would have you follow a better way than you have followed in the past. This you are to do, not by keeping your eyes fixed on the defective lives of professing Christians, but by beholding Christ, the Sent of God, who in this world and in human nature lived a pure, noble, perfect life, setting an example that all may safely follow. The Lord is reaching out His hand to save you. I long to see you responding to His invitation, "Let him take hold of My strength, that he may make peace with Me; and he shall make peace with Me." ... There have been many things to tempt you to swerve from your allegiance to the truth, but the Saviour has been willing to lead you at every step. **It is young men whom the Lord claims as His helping hand. Samuel was a mere child when the Lord used him to do a good and gracious work....** {MM 42.2-4}

Not one word should be spoken, not one action performed, that you would not be willing the holy angels should look upon and register in the books above. You should have an eye single to the glory of God. The heart should have only pure, sanctioned affection, worthy of the followers of Jesus Christ, exalting in its nature, and more heavenly than earthy. Anything

different from this is debasing, degrading in courtship; and marriage cannot be holy and honorable in the sight of a pure and holy God unless it is after the exalted Scriptural principle. {MM 141.3}

Do not refuse to unite with your brethren, fearing that if you put yourself on an equality with them you will not be able to do all that your own judgment might suggest. God's workers are to counsel together. Ministers, physicians, or directors are walking in false paths when they regard themselves as a complete whole; when they feel no need of counsel from men of experience, who have been led by the Lord, who, as they have moved forward in self-denial to advance the work, have given evidence that they were led and controlled by the Holy Spirit and were thus enabled to speak and plan and act wisely and understandingly. {MM 46.5}

...The peace of Christ is life and health. {MM 53.1}

We are not one of us safe, even with past experience in the work, and certainly are not safe if we have not had that experience, unless we live as seeing Him who is invisible. **Daily, hourly, we must be actuated by the principles of Bible truth—righteousness, mercy, and the love of God.** He who would have moral and intellectual power must draw from the divine Source. **At every point and decision inquire, Is this the way of the Lord?** {MM 99.2}

...As the mind is enlarged by true knowledge, the heart is warmed by a sense of the goodness, compassion, and love of God. The soul is filled with an earnest longing to tell others how they may cooperate with the great Master Worker. **You will do much for yourselves as you impart the knowledge you receive. Thus you will gain more knowledge to impart, and your ability to work for God will increase** {MM 71.1}

Denominational Views Not to Be Urged Upon Patients

The religion of Christ is not to be placed in the background and its holy principles laid down to meet the approval of any class, however popular. If the standard of truth and holiness is lowered, the design of God will not then be carried out in this institution. {CH 245.1}

But our peculiar faith should not be discussed with patients. Their minds should not be unnecessarily excited upon subjects wherein we differ, unless they themselves desire it; and then great caution should be observed not to agitate the mind by urging upon them our peculiar faith. The Health Institute [The name of the battle creek sanitarium in its early days.] is not the place to be forward to enter into discussion upon points of our faith wherein we differ with the religious world generally. Prayer meetings are held at the Institute, in which all may take part if they choose; but there is an abundance to dwell upon in regard to Bible religion without touching objectionable points of difference. Silent influence will do more than open controversy. {CH 245.2}

A Counterfeit Heaven:

How untiringly God has kept guard over His church! Shall we not act our part that He may give us the grace that will enable us to attain to perfection of Christian character? **Do not allow yourself to be led to think that you will live in heaven while in this fallen world.** Those who think this keep their minds on the strain for some wonderful experience that will waft their souls into a refined, spiritual atmosphere. But this is not the true science of Christian experience. When they suppose they have reached spiritual heights of refinement, Satan, in the garb of an angel of light, presents to them indulgences in which he makes it appear there is no sin. I would warn you against these apparently refined doctrines, which say that sin is not sin, and teach the possibility of living a spiritualistic life above the grossness of sin. I write this because there are minds entering into temptation in regard to this refined science of spiritualistic attainments. You will meet this science, and you will hardly know how to handle it. We have reached the perils of the last days, when some, yes, many, shall depart from the faith, giving heed to seducing spirits and doctrines of devils. Be cautious in regard to what you read and how you hear. Take not a particle of interest in spiritualistic theories. Satan is waiting to steal a march upon everyone who allows himself to be deceived by his hypnotism. He begins to exert his power over them just as soon as they begin to investigate his theories.—Letter 123, 1904. {MM 101.3-5}

Tell the suffering ones of a compassionate Saviour.... He looks with compassion upon those who regard their case as hopeless. While the soul is filled with fear and terror, the mind cannot see the tender compassion of Christ. Our sanitariums are to be an agency for bringing peace and rest to the troubled minds. If you can inspire the despondent with hopeful, saving faith, contentment and cheerfulness will take the place of discouragement and unrest. Wonderful changes can then be wrought in their physical condition. Christ will restore both body and soul, and, realizing His compassion and love, they will rest in Him.... {MM 109.3}

Everyone should be in a position to cooperate with God in directing the minds of others to Him. Tell them of the grace and power of Him who is the greatest Physician the world ever knew. He came to the world to restore in man the moral image of God. Seeing that Satan was exercising a controlling influence over the minds of men and women in order to further his evil designs, Christ came to combat the powers of darkness, to break the control

which Satan had gained over human minds. Make the Saviour the center of attraction. {MM 116.2}

We all need a far higher, purer, holier trust in God. Every physician should be true and honest. He is not in any case to defraud his patients... {MM 121.4}

Carefully inquire at every step: How would my Saviour act in this line of work? What impression will I leave upon the people? I am to yoke up with Christ in the work as a restorer of health to the body, the mind, the heart, the soul. How careful should every physician be to represent the Master! ... {MM 124.3}

It is time for the people of God, those who wear the sign of His kingdom, and whose authority is derived from “It is written,” to work. The world is the field of our labor, and we are to strive to give the last message of mercy to the world. Our every action is being watched with jealous eyes. Be on guard as physicians. You can serve the Lord in your position by working with new methods and discarding drugs. As reformers we are to reform the medical practice by educating toward the light. Our work is to be done in the full recognition of God. We are to practice the strict principles of mercy and justice. Our work is not to be as a garment put together with basting threads. We must imitate God’s perfection. “Ye are God’s husbandry, ye are God’s building.” We are to make the foundation of every building thorough and solid, as for eternity.—Manuscript 63, 1899. **Honesty, integrity, justice, mercy, love, compassion, and sympathy are embraced in medical missionary work. In all this work the religion of the Bible is to be practiced.** The Lord does not want anyone to labor as His representative who follows the wrong customs and practices of worldly physicians in treating suffering humanity... {MM 125.1-3}

Do not see how close you can walk upon the brink of a precipice, and be safe. Avoid the first approach to danger. The soul’s interests cannot be trifled with. Your capital is your character. Cherish it as you would a golden treasure. Moral purity, self-respect, a strong power of resistance, must be firmly and constantly cherished. There should not be one departure from reserve; one act of familiarity, one indiscretion, may jeopardize the soul, in opening the door to temptation, and the power of resistance becomes weakened. {MM 143.4}

The psalmist, when viewing the many snares and temptations to vice, inquires, “Wherewithal shall a young man cleanse his way?” This question is appropriate for everyone connected with our missions and every instrumentality of God. **At this stage of our work, the answer comes, “By taking heed thereto according to Thy word.” It is necessary to maintain a living connection with heaven, seeking as often as did Daniel—three times a day—for divine grace to resist appetite and passion.** Wrestling with appetite and passion unaided by divine power will be unsuccessful; but make Christ your stronghold, and the language of your soul will be, “In all these things we are more than conquerors through Him that loved us.” Said the apostle Paul, “I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.” {MM 143.5}

Let no one think he can overcome without the help of God. You must have the energy, the strength, the power, of an inner life developed within you. You will then bear fruit unto godliness, and will have an intense loathing of vice. You need to constantly strive to work away from earthliness, from cheap conversation, from everything sensual, and aim for nobility of soul and a pure and unspotted character. Your name may be kept so pure that it cannot justly be connected with any thing dishonest or unrighteous, but will be respected by all the good and pure, and it may be written in the Lamb’s book of life, to be immortalized among the holy angels.—Manuscript 4a, 1885. {MM 144.1}

Do not sacrifice truth to gain favor. He will not tolerate the man who says, and does not. The best and noblest work is done by fair, honest dealing {MM 126.4-127.1}

In our sanitariums, of all places in the world, we need soundly converted physicians and wise workers—**men and women who will not urge their peculiar ideas upon the sick, but who will present the truths of the word of God in a way that will bring comfort and encouragement and blessing to the patients.** This is the work for which our sanitariums are established—to correctly represent the truths of the word of God, and to lead the minds of men and women to Christ. {MM 208.1}

God will surely turn aside any advantage gained by selfish, unjust dealing. My brother, your senses must be cleansed and sanctified. We must reach a higher standard. **We must watch, we must pray, always standing ready for action.**—Letter 13, 1902. {MM 135.2}

I am very hopeful that you will become all that the Lord desires you to be—a gospel medical missionary. You are to be not only an increasingly skillful physician, but one of the Lord’s appointed missionaries, **in all your work placing His service first.** {MM 44.2}

Onward, Christian Soldiers!

1

Onward, Christian soldiers, marching as to war,
with the cross of Jesus going on before.
Christ, the royal Master, leads against the foe;
forward into battle see his banners go!

Refrain

Onward, Christian soldiers, marching as to war,
with the cross of Jesus going on before.

2

Like a mighty army moves the church of God;
brothers, we are treading where the saints have trod.
We are not divided, all one body we,
one in hope and doctrine, one in charity.

3

Crowns and thrones my perish, kingdoms rise and wane,
but the church of Jesus constant will remain.
Gates of hell can never ‘gainst that church prevail;
we have Christ’s own promise, and that cannot fail.

4

Onward then, ye people, join our happy throng,
blend with ours your voices in the triumph song.
Glory, laud, and honor unto Christ the King,
this through countless ages men and angels sing.

May God bless
you and the
people

Amen

Let love be without dissimulation. Abhor that which is evil; cleave to that which is good. Be kindly affectioned one to another with brotherly love; in honour preferring one another; Not slothful in business; fervent in spirit; serving the Lord; {Romans 12:9-11}